Boulder Creek High School works hard to develop your child's I.Q. (Intellectual Quotient) by providing a strong academic experience for all students. E.Q. (Emotional Quotient) also plays a part in how students manage their studies and handle stress. Our E.Q. affects our overall performance in school and/or in our jobs. Studies link high emotional intelligence to higher life and job satisfaction.

Boulder Creek implements All Things E.Q. (ATEQ) because their insights support rather than interfere with academic instruction. All Things E.Q. encourages critical thinking and focuses on four questions:

Each week we focus on a weekly motto that helps